



BRUSHWOOD CENTER  
AT RYERSON WOODS

## ASSET MAPPING WORKSHEET

This activity is designed to help you think creatively about ways you can activate nature-based solutions within the public health sector in your region. The goal is to leave with ideas on new connections you can build to help bridge gaps between sectors. You can work on this individually or collaboratively with others.

1. **Who is at my table?** Go around your table, introduce yourself, and share a bit about the organization you represent/the work you do.
2. **What assets do you have?** List the assets (skills, resources) that are present in your network, organization, partner networks, and the larger community or communities you serve. Below are some questions to consider:

### *People*

- What are your talents? Interests? Hobbies? What do you enjoy doing? What can you teach others?
- What skills, talents, resources, or materials could you share to help support healthier communities for people and nature?
- What groups or networks are you a part of?
- What are existing positive things you see? What changes would you like to see take place?

### *Organizations*

- What local organizations and businesses exist in your region who should be engaged in this work?
- What are the missions and purposes of these organizations? How could they engage?
- Who do they work or partner with? Where are they located?

### *Community*

- What community traditions can be celebrated through this work?
- How can community members be connected to their culture through the environment and nature?
- What art, music, or creative efforts can be created to support this work?

3. **Share Out!** Discuss the assets you identified with others at your table, look for similarities or differences and talk through the ideas you have come up with.

*Adapted from Kretzmann, J.P., and J.L. McKnight. 1993. Building Communities from the Inside Out: A Path Toward Finding and Mobilizing a Community's Assets. Center for Urban Affairs and Policy Research, Northwestern University, Evanston, IL and Community Outreach of Our United Villages, Community Asset Mapping Workbook.*

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**Brushwood Center at Ryerson Woods**

[www.brushwoodcenter.org](http://www.brushwoodcenter.org)

Learn more about the work of our Health, Equity, and Nature Accelerator and read our report by scanning this QR code:



Recorder's Name: \_\_\_\_\_

## Health, Equity, & Nature

**People**

**Organizations**

**Community**

**Other/Additional Assets**